



WILDCOAST WILDRUN 2013 RESULTS Overall Departure 1 JOURNEY

Overall

Position	Race #	Name	Surname	Sex
1	47	Adrian	Lazar Adler	Male
2	77	Andy	Stewart	Male
3	13	Clinton	Bosch	Male
4	64	Wojtek	Orzechowski	Male
5	81	James	Whitaker	Male
6	65	Mark	Pienaar	Male
7	10	Anthony	Bollaert	Male
8	84	Kevin	Welman	Male
9	68	Kate	Rees	Female
10	76	Gareth	Rees	Male
11	72	Richard	Sieling	Male
12	56	Corli	Markgraaff	Female
13	66	Erasmus	Pretorius	Male
14	3	Roy	Arouca	Male
15	42	Peter	Hathorn	Male
16	39	Claire	Gatonby	Female
17	74	Greg	Slade	Male
18	8	Adam	Bekker	Male
19	85	Andrew	Wood	Male
21	83	Greg	Walsh	Male
22	14	Sonya	Bosch	Female
23	63	Frances	Orzechowski	Female
24	82	Janelle	Verster	Female
25	46	Gerhard	Kotze	Male
26	25	Matt	Coningham	Male
27	18	Richard	Butcher	Male
28	43	Carin	Jelliman	Female
29	12	Clay	Bonorchis	Male
30	11	Gillian	Bonner	Female
31	37	David	Featherstone	Male
32	51	Etienne	Louw	Male
33	19	Ben	Campbell	Male
34	67	Kevin	Rafferty	Male
35	49	Richard	Leschinsky	Male
36	62	Fabian Leong	Nam	Male
37	1	Stephan	Ackermann	Male
38	50	Etienne	Lombaard	Male
39	2	Ahmad	Alli	Male
40	27	Daniel	Cotterell	Male
41	28	Jayne	Cotterell	Female
42	71	Gavin	Shang	Male
43	53	Catherine	Magill	Female
44	54	Thomas	Magill	Male
45	79	Werner	Theron	Male
46	78	Lara	Theron	Female
47	34	Elize	Dodds	Female

Day 1

Position	Time
1	04:13:35
2	04:17:23
3	04:39:43
7	05:04:21
4	05:00:36
6	05:03:25
11	05:29:31
10	05:29:29
12	05:33:23
13	05:38:04
9	05:19:09
8	05:19:09
23	06:18:45
14	05:38:08
17	05:45:30
22	06:08:19
18	05:56:46
16	05:42:58
19	05:56:47
20	06:02:54
21	06:02:56
39	06:40:13
33	06:32:11
15	05:40:27
5	05:01:45
24	06:20:47
25	06:20:47
46	07:01:50
35	06:37:24
36	06:37:25
34	06:33:24
27	06:29:42
26	06:29:40
28	06:29:43
45	06:51:28
47	07:04:54
48	07:04:55
44	06:51:27
41	06:47:41
42	06:47:44
43	06:51:17
52	07:26:00
51	07:26:00
55	07:28:02
56	07:28:05
53	07:27:49

Day 2

Position	Time
1	03:22:38
2	03:32:10
4	03:41:44
3	03:40:10
5	03:47:04
7	04:10:55
12	04:14:14
8	04:14:14
9	04:16:18
11	04:33:59
14	04:45:40
17	04:48:31
10	04:19:01
15	04:45:40
13	04:41:22
18	04:53:37
16	04:48:31
20	05:11:40
24	05:15:18
21	05:12:32
25	05:16:25
19	04:57:19
23	05:14:25
26	05:21:25
6	04:05:44
31	05:39:53
30	05:39:53
22	05:14:25
37	05:44:56
36	05:44:55
33	05:43:04
28	05:38:11
29	05:38:12
27	05:38:11
32	05:41:18
35	05:44:02
34	05:44:02
42	05:56:32
40	05:53:18
41	05:53:18
44	05:56:33
47	05:57:00
46	05:56:59
51	06:21:32
50	06:21:31
49	06:21:30

Day 3

Position	Time
1	03:22:11
2	03:22:25
4	03:53:32
3	03:53:32
5	04:21:41
6	04:22:23
7	04:26:27
8	04:26:32
9	04:29:45
10	04:29:45
12	04:43:39
13	04:43:49
11	04:31:01
14	04:55:47
17	05:09:00
16	05:08:36
23	05:30:15
20	05:23:05
19	05:20:10
22	05:23:34
21	05:23:29
15	05:08:24
18	05:11:48
33	06:00:39
68	08:28:17
24	05:40:23
25	05:40:25
26	05:42:11
27	05:50:40
28	05:50:41
34	06:02:42
40	06:11:18
41	06:13:24
42	06:13:26
32	05:54:46
29	05:53:30
30	05:53:37
31	05:54:41
37	06:09:47
38	06:09:50
39	06:10:54
35	06:02:59
36	06:03:01
47	06:40:14
46	06:40:13
48	06:40:31

TOTAL

Position	Time
1	10:58:24
2	11:11:58
4	12:15:00
3	12:38:03
5	13:09:21
6	13:36:43
7	14:10:13
8	14:10:15
9	14:19:26
10	14:41:48
12	14:48:28
13	14:51:29
11	15:08:47
14	15:19:35
17	15:35:52
16	16:10:32
23	16:15:31
20	16:17:42
19	16:32:15
22	16:39:01
21	16:42:50
15	16:45:56
18	16:58:25
33	17:02:30
68	17:35:46
24	17:41:02
25	17:41:05
26	17:58:26
27	18:13:00
28	18:13:01
34	18:19:10
40	18:19:11
41	18:21:16
42	18:21:21
32	18:27:32
29	18:42:26
30	18:42:33
31	18:42:41
37	18:50:46
38	18:50:52
39	18:58:44
35	19:25:59
36	19:26:01
47	20:29:47
46	20:29:49
48	20:29:50

48	35	Eric	Dodds	Male
49	30	Gail	Counihan	Female
50	48	Kerri	Le Roux	Female
51	5	Kim	Bartlett	Female
52	6	Philip	Bartlett	Male
53	16	Louise	Fitzsimons	Female
54	17	Sinead	Brook	Female
55	52	Roan	Mackintosh	Male
56	80	Pippa	Van den Berg	Female
57	55	Sam	Marais	Male
20	41	Dave	Geary	Male
58	45	Fiona	Kent	Female
59	69	Sharon	Saylor	Female
60	9	Craig	Beulich	Male
61	70	Stacey	Schwarz	Female
62	4	Clara	Bartlett	Female
63	29	Sarah	Cotton	Female
64	33	Nolan	Daniel	Male
65	26	Ken	Stephen	Male
66	32	Shaun	Counihan	Male
67	73	Valerie	Sing	Female
68	44	Staci	Katsivalis	Female
69	57	Annamie	Marx	Female
70	58	Gerhard	Marx	Male
71	7	Stuart	Bartlett	Male
72	38	Nathan	Fredericks	Male
73	21	Bradley	Seaton-smith	Male
74	22	Stefano	Semprini	Male
75	15	Dina	Bouwer	Female
76	59	Richard	Collins	Male
77	20	Alexander	Clark	Male

54	07:27:56
32	06:30:56
29	06:30:52
31	06:30:53
30	06:30:53
38	06:40:09
37	06:40:08
57	07:30:26
58	07:30:29
70	07:54:24
40	06:47:35
61	07:44:51
62	07:44:52
63	07:44:52
66	07:49:07
65	07:49:06
59	07:36:32
60	07:36:34
50	07:07:32
49	07:07:31
73	09:16:47
72	09:16:45
68	07:54:15
69	07:54:19
67	07:49:21
71	07:56:06
74	09:29:53
75	09:29:54
76	09:06:09
77	09:43:11
64	07:46:59

48	06:21:30
38	05:45:28
39	05:51:59
43	05:56:33
45	05:56:34
53	06:54:01
54	06:54:01
60	07:01:22
59	07:01:21
63	07:09:43
52	06:24:34
55	06:59:12
57	06:59:12
56	06:59:12
71	07:40:21
72	07:40:21
67	07:22:30
66	07:22:29
64	07:20:53
65	07:20:53
61	07:06:44
62	07:06:46
69	07:33:33
70	07:33:33
68	07:26:27
73	07:41:49
74	08:42:33
75	08:42:34
76	09:06:25
77	09:06:26
58	07:00:01

49	06:40:32
72	08:28:57
71	08:28:31
65	08:28:06
66	08:28:09
62	07:47:45
63	07:47:47
51	07:00:24
50	07:00:22
52	07:08:26
43	06:32:39
59	07:46:16
60	07:46:47
61	07:46:49
53	07:10:31
54	07:10:34
57	07:43:18
58	07:43:20
69	08:28:21
70	08:28:25
44	06:37:17
45	06:37:20
55	07:33:28
56	07:33:30
67	08:28:12
64	08:11:02
73	09:12:00
74	09:12:02
75	09:56:05
76	09:56:06
DNS	DNS

20:29:59
20:45:22
20:51:21
20:55:32
20:55:36
21:21:54
21:21:56
21:32:12
21:32:13
22:12:33
19:15:11
22:30:19
22:30:51
22:30:53
22:39:59
22:40:01
22:42:20
22:42:23
22:56:46
22:56:49
23:00:48
23:00:51
23:01:16
23:01:21
23:44:01
23:48:56
03:24:26
03:24:30
04:45:38
04:45:43
DNF

Men

Position	Race #	Name	Surname	Sex
1	47	Adrian	Lazar Adler	Male
2	77	Andy	Stewart	Male
3	13	Clinton	Bosch	Male
4	64	Wojtek	Orzechowski	Male
5	81	James	Whitaker	Male
7	65	Mark	Pienaar	Male
8	84	Kevin	Welman	Male
10	10	Anthony	Bollaert	Male
11	76	Gareth	Rees	Male
9	72	Richard	Sieling	Male
14	66	Erasmus	Pretorius	Male
12	3	Roy	Arouca	Male
13	42	Peter	Hathorn	Male
15	74	Greg	Slade	Male
16	8	Adam	Bekker	Male
18	85	Andrew	Wood	Male
19	83	Greg	Walsh	Male
17	46	Gerhard	Kotze	Male
6	25	Matt	Coningham	Male
20	18	Richard	Butcher	Male
24	12	Clay	Bonorchis	Male
26	37	David	Featherstone	Male
25	51	Etienne	Louw	Male

Day 1	
Position	Time
1	04:13:35
2	04:17:23
3	04:39:43
7	05:04:21
4	05:00:36
6	05:03:25
9	05:29:29
10	05:29:31
11	05:38:04
8	05:19:09
19	06:18:45
12	05:38:08
15	05:45:30
16	05:56:46
14	05:42:58
17	05:56:47
18	06:02:54
13	05:40:27
5	05:01:45
20	06:20:47
32	07:01:50
26	06:37:25
25	06:33:24

Day 2	
Position	Time
1	03:22:38
2	03:32:10
4	03:41:44
3	03:40:10
5	03:47:04
7	04:10:55
8	04:14:14
11	04:41:14
10	04:33:59
13	04:45:40
9	04:19:01
14	04:45:40
12	04:41:22
15	04:48:31
16	05:11:40
19	05:15:18
17	05:12:32
20	05:21:25
6	04:05:44
24	05:39:53
18	05:14:25
29	05:44:55
26	05:43:04

Day 3	
Position	Time
1	03:22:11
2	03:22:25
4	03:53:32
3	03:53:32
5	04:21:41
6	04:22:23
8	04:26:32
7	04:26:27
9	04:29:45
11	04:43:39
10	04:31:01
12	04:55:47
14	05:09:00
13	05:01:15
16	05:23:05
15	05:20:10
17	05:23:34
25	06:00:39
44	08:28:17
18	05:40:23
19	05:42:11
20	05:50:41
26	06:02:42

TOTAL
Time
10:58:24
11:11:58
12:15:00
12:38:03
13:09:21
13:36:43
14:10:15
14:37:13
14:41:48
14:48:28
15:08:47
15:19:35
15:35:52
15:46:32
16:17:42
16:32:15
16:39:01
17:02:30
17:35:46
17:41:02
17:58:26
18:13:01
18:19:10

22	19	Ben	Campbell	Male
21	67	Kevin	Rafferty	Male
23	49	Richard	Leschinsky	Male
28	62	Fabian Leong	Nam	Male
32	1	Stephan	Ackermann	Male
33	50	Etienne	Lombaard	Male
31	2	Ahmad	Alli	Male
29	27	Daniel	Cotterell	Male
30	71	Gavin	Shang	Male
35	54	Thomas	Magill	Male
34	41	Dave	Geary	Male
37	79	Werner	Theron	Male
36	35	Eric	Dodds	Male
27	6	Philip	Bartlett	Male
40	52	Roan	Mackintosh	Male
44	55	Sam	Marais	Male
41	9	Craig	Beulich	Male
43	33	Nolan	Daniel	Male
39	26	Ken	Stephen	Male
38	32	Shaun	Counihan	Male
46	58	Gerhard	Marx	Male
45	7	Stuart	Bartlett	Male
47	38	Nathan	Fredericks	Male
48	21	Bradley	Seaton-smith	Male
49	22	Stefano	Semprini	Male
50	59	Richard	Collins	Male
42	20	Alexander	Clark	Male

22	06:29:42
21	06:29:40
23	06:29:43
31	06:51:28
33	07:04:54
34	07:04:55
30	06:51:27
28	06:47:41
29	06:51:17
37	07:26:00
27	06:47:35
39	07:28:02
38	07:27:56
24	06:30:53
40	07:30:26
46	07:54:24
42	07:44:52
41	07:36:34
36	07:07:32
35	07:07:31
45	07:54:19
44	07:49:21
47	07:56:06
48	09:29:53
49	09:29:54
50	09:43:11
43	07:46:59

22	05:38:11
23	05:38:12
21	05:38:11
25	05:41:18
28	05:44:02
27	05:44:02
31	05:56:32
30	05:53:18
32	05:56:33
34	05:56:59
37	06:24:34
36	06:21:32
35	06:21:30
33	05:56:34
40	07:01:22
41	07:09:43
38	06:59:12
44	07:22:29
42	07:20:53
43	07:20:53
46	07:33:33
45	07:26:27
47	07:41:49
48	08:42:33
49	08:42:34
50	09:06:26
39	07:00:01

30	06:11:18
31	06:13:24
32	06:13:26
24	05:54:46
21	05:53:30
22	05:53:37
23	05:54:41
28	06:09:47
29	06:10:54
27	06:03:01
33	06:32:39
34	06:40:14
35	06:40:32
42	08:28:09
36	07:00:24
37	07:08:26
40	07:46:49
39	07:43:20
45	08:28:21
46	08:28:25
38	07:33:30
43	08:28:12
41	08:11:02
47	09:12:00
48	09:12:02
49	09:56:06
DNS	DNS

18:19:11
18:21:16
18:21:21
18:27:32
18:42:26
18:42:33
18:42:41
18:50:46
18:58:44
19:26:01
19:44:48
20:29:47
20:29:59
20:55:36
21:32:12
22:12:33
22:30:53
22:42:23
22:56:46
22:56:49
23:01:21
23:44:01
23:48:56
03:24:26
03:24:30
04:45:43
DNF

Ladies

Position	Race #	Name	Surname	Sex
1	68	Kate	Rees	Female
2	56	Corli	Markgraaff	Female
3	39	Claire	Gatonby	Female
4	14	Sonya	Bosch	Female
5	63	Frances	Orzechowski	Female
6	82	Janelle	Verster	Female
7	43	Carin	Jelliman	Female
8	11	Gillian	Bonner	Female
9	28	Jayne	Cotterell	Female
10	53	Catherine	Magill	Female
11	78	Lara	Theron	Female
12	34	Elize	Dodds	Female
13	30	Gail	Counihan	Female
14	48	Kerri	Le Roux	Female
15	5	Kim	Bartlett	Female
16	16	Louise	Fitzsimons	Female
17	17	Sinead	Brook	Female
18	80	Pippa	Van den Berg	Female
19	45	Fiona	Kent	Female
20	69	Sharon	Saylor	Female
21	70	Stacey	Schwarz	Female
22	4	Clara	Bartlett	Female
23	29	Sarah	Cotton	Female
24	73	Valerie	Sing	Female
25	44	Staci	Katsivalis	Female
26	57	Annamie	Marx	Female
27	15	Dina	Bouwer	Female

Day 1	
Position	Time
2	05:33:23
1	05:19:09
4	06:08:19
3	06:02:56
13	06:40:13
9	06:32:11
5	06:20:47
10	06:37:24
14	06:47:44
15	07:26:00
17	07:28:05
16	07:27:49
8	06:30:56
6	06:30:52
7	06:30:53
12	06:40:09
11	06:40:08
18	07:30:29
20	07:44:51
21	07:44:52
23	07:49:07
22	07:49:06
19	07:36:32
26	09:16:47
25	09:16:45
24	07:54:15
27	09:43:09

Day 2	
Position	Time
1	04:16:18
2	04:48:31
3	04:53:37
6	05:16:25
4	04:57:19
5	05:14:25
7	05:39:53
8	05:44:56
11	05:53:18
13	05:57:00
15	06:21:31
14	06:21:30
9	05:45:28
10	05:51:59
12	05:56:33
16	06:54:01
17	06:54:01
20	07:01:21
18	06:59:12
19	06:59:12
25	07:40:21
26	07:40:21
23	07:22:30
21	07:06:44
22	07:06:46
24	07:33:33
27	09:06:25

Day 3	
Position	Time
1	04:29:45
2	04:43:49
4	05:08:36
6	05:23:29
3	05:08:24
5	05:11:48
7	05:40:25
8	05:50:40
10	06:09:50
9	06:02:59
13	06:40:13
14	06:40:31
26	08:28:57
25	08:28:31
24	08:28:06
22	07:47:45
23	07:47:47
15	07:00:22
20	07:46:16
21	07:46:47
16	07:10:31
17	07:10:34
19	07:43:18
11	06:37:17
12	06:37:20
18	07:33:28
27	09:56:05

TOTAL
Time
14:19:26
14:51:29
16:10:32
16:42:50
16:45:56
16:58:25
17:41:05
18:13:00
18:50:52
19:25:59
20:29:49
20:29:50
20:45:22
20:51:21
20:55:32
21:21:54
21:21:56
21:32:13
22:30:19
22:30:51
22:39:59
22:40:01
22:42:20
23:00:48
23:00:51
23:01:16
04:45:38



WILDCOAST WILDRUN 2013 RESULTS Overall Departure 2 RACE

Overall

Position	Race #	Name	Surname	Sex	Age
1	90	Renier	Barnard	Male	34
2	139	Sylvie	Scherzinger	Female	40
3	111	Angelo	Henry	Male	49
4	145	Scott	Stevenson	Male	46
5	118	Carly	Kent	Female	36
6	114	David	Jacobson	Male	47
7	164	Christine	Woods	Female	38
8	137	Nathalie	Romeo	Female	39
9	133	Cecile	Reed	Female	37
10	154	Dudley	Turner	Male	42
11	155	Roelof	Van Wyk	Male	36
12	88	Richard	Arnold	Male	46
13	132	Garth	Oliver	Male	32
14	109	Rupert	Groenewald	Male	40
15	140	Jorg	Schmid	Male	52
16	128	Sarah	Martens	Female	38
17	134	Andrew	Ridl	Male	39
18	147	David	Stockenstrom	Male	31
19	94	Jeremy	Botha	Male	44
20	95	Tasha	Botha	Female	42
21	112	Lora	Hirst	Female	25
22	122	Mark	Laden	Male	48
23	129	Tarren	Meyer	Female	39
24	136	Janneke	Leask	Female	26
25	146	Martin	Stewart	Male	48
26	162	Cherry	Wellard	Female	28
27	100	Kate	De Villiers	Female	27
28	117	Odette	Johnson	Female	26
29	148	Emma	Swart	Female	30
30	149	Kevin	Swart	Male	31
31	130	Salo	Minnaar	Male	30
32	124	Warren	Lane	Male	50
33	123	Claire	Lane	Female	46
34	101	Barrie	DePinna	Male	33
35	98	David	Buchanan	Male	25
36	135	Lance	Ridl	Male	36
37	144	Michael	Stencel	Male	60

Day 1		Day 2		Day 3		TOTAL
Position	Time	Position	Time	Position	Time	Time
4	04:39:49	1	03:20:55	1	03:14:02	11:14:46
1	04:27:29	2	03:43:55	2	03:33:10	11:44:34
2	04:30:40	8	03:53:39	5	03:36:01	12:00:20
6	04:44:14	5	03:48:17	4	03:34:34	12:07:05
7	04:56:34	4	03:44:03	3	03:33:19	12:13:56
5	04:44:14	7	03:51:55	11	03:53:29	12:29:38
8	05:07:07	13	04:04:25	8	03:36:43	12:48:15
11	05:24:35	6	03:51:55	6	03:36:21	12:52:51
12	05:24:35	11	04:00:50	7	03:36:43	13:02:08
10	05:23:27	14	04:04:25	9	03:37:53	13:05:45
13	05:28:26	10	03:58:30	10	03:43:23	13:10:19
14	05:32:02	9	03:56:21	12	04:01:12	13:29:35
9	05:22:21	12	04:02:40	16	04:10:39	13:35:40
3	04:37:48	3	03:44:00	49	05:28:48	13:50:36
15	05:39:35	15	04:10:37	14	04:07:53	13:58:05
24	05:39:59	16	04:26:56	17	04:11:36	14:18:31
25	05:45:05	17	04:28:27	15	04:10:32	14:24:04
29	05:52:08	18	04:31:02	13	04:05:44	14:28:54
23	05:39:59	23	04:33:54	25	04:26:43	14:40:36
19	05:39:59	28	04:33:54	26	04:26:43	14:40:36
16	05:39:59	24	04:33:54	20	04:26:43	14:40:36
20	05:39:59	26	04:33:54	24	04:26:43	14:40:36
17	05:39:59	22	04:33:54	22	04:26:43	14:40:36
22	05:39:59	25	04:33:54	21	04:26:43	14:40:36
21	05:39:59	27	04:33:54	19	04:26:43	14:40:36
18	05:39:59	21	04:33:54	23	04:26:43	14:40:36
26	05:50:16	20	04:31:44	28	04:30:14	14:52:14
27	05:50:16	19	04:31:44	27	04:30:14	14:52:14
32	05:57:50	29	04:34:25	31	04:43:42	15:15:57
33	05:57:50	30	04:34:25	32	04:43:42	15:15:57
28	05:51:32	36	05:00:34	29	04:37:35	15:29:41
30	05:52:31	35	05:00:34	38	05:09:28	16:02:33
31	05:52:31	37	05:00:34	39	05:09:28	16:02:33
42	06:50:40	31	04:49:00	30	04:40:11	16:19:51
43	06:53:28	43	05:06:20	18	04:22:20	16:22:08
38	06:28:24	44	05:15:50	33	04:47:47	16:32:01
37	06:24:46	34	04:59:30	40	05:10:09	16:34:25

38	121	Erika	Korte	Female	36
39	113	Charlotte	Hulley	Female	42
40	165	Tanya	Worner	Female	49
41	150	Michelle	Theron	Female	36
42	103	Attie	Els	Male	54
43	119	Andre	Kleynhans	Male	50
44	99	Mark	Carstens	Male	35
45	153	Nicholas	Townsend	Male	31
46	96	Marezelda	Breet	Female	22
47	86	Tony	Abrahamson	Male	63
48	141	Kathy	Scott	Female	51
49	163	Frances	Whitehead	Female	59
50	138	Lisa	Ronquest-Ross	Female	37
51	120	Jacqui	Koep	Female	43
52	127	Delia	Marshall	Female	43
53	156	Fabrizio	Venturi	Male	50
54	93	George	Boshoff	Male	20
55	105	Brian	Gibbon	Male	53
56	106	Lisa	Gibbon	Female	51
57	91	Mel	Barnes	Female	50
58	131	Maryke	Neizel	Female	41
59	108	Petro	Groenewald	Female	36
60	104	Sandra	Faber	Female	40
61	102	Annmare	Du plessis	Female	45
62	97	John	Brimble	Male	65
63	36	Vauneen	Douthwaite	Female	53
64	143	Claudia	Stencel	Female	46
65	159	Jana	Visagie	Female	28
66	160	Janus	Visagie	Male	29
67	92	Johan	Blignault	Male	33
68	125	Kathy	Leverton	Female	60
69	126	Ruth	Leverton	Female	28

36	06:24:46	33	04:59:30	41	05:10:11	16:34:27
34	06:11:39	41	05:03:25	48	05:26:45	16:41:49
35	06:11:53	42	05:03:33	47	05:26:45	16:42:11
45	06:55:02	38	05:00:34	37	05:08:21	17:03:57
39	06:48:29	39	05:03:24	50	05:30:47	17:22:40
40	06:48:29	40	05:03:25	51	05:30:47	17:22:41
44	06:54:19	45	05:26:21	36	05:08:00	17:28:40
41	06:50:26	32	04:51:30	63	05:53:50	17:35:46
47	07:07:46	46	05:35:03	34	04:54:39	17:37:28
48	07:09:07	64	06:06:52	35	05:05:57	18:21:56
53	07:35:37	49	05:42:27	43	05:19:19	18:37:23
49	07:30:21	63	06:06:52	42	05:18:32	18:55:45
52	07:30:21	62	06:06:52	45	05:20:03	18:57:16
50	07:30:21	65	06:14:04	44	05:20:03	19:04:28
51	07:30:21	66	06:14:04	46	05:20:03	19:04:28
54	07:37:00	52	05:48:07	55	05:46:03	19:11:10
46	07:05:05	50	05:46:35	64	06:22:01	19:13:41
55	07:40:59	60	05:56:48	53	05:46:03	19:23:50
56	07:40:59	59	05:56:48	54	05:46:03	19:23:50
58	07:53:01	51	05:48:07	52	05:44:16	19:25:24
57	07:49:11	56	05:51:42	58	05:46:26	19:27:19
64	08:08:44	48	05:41:36	60	05:47:10	19:37:30
63	08:08:44	47	05:41:36	61	05:47:27	19:37:47
62	08:06:26	55	05:51:42	59	05:46:32	19:44:40
61	08:00:02	61	05:57:11	62	05:48:48	19:46:01
65	08:09:51	57	05:51:51	57	05:46:20	19:48:02
66	08:10:14	58	05:53:33	56	05:46:19	19:50:06
59	07:53:51	53	05:50:08	68	07:04:02	20:48:01
60	07:53:51	54	05:50:08	69	07:04:04	20:48:03
67	09:02:34	67	07:13:41	65	06:54:23	23:10:38
68	DNF	68	07:47:25	67	07:03:27	DNF
69	DNF	69	07:47:25	66	07:03:27	DNF

Men

						Day 1		Day 2		Day 3		TOTAL
Position	Race #	Name	Surname	Sex	Age	Position	Time	Position	Time	Position	Time	Time
1	90	Renier	Barnard	Male	34	3	04:39:49	1	03:20:55	1	03:14:02	11:14:46
2	111	Angelo	Henry	Male	49	1	04:30:40	5	03:53:39	3	03:36:01	12:00:20
3	145	Scott	Stevenson	Male	46	5	04:44:14	3	03:48:17	2	03:34:34	12:07:05
4	114	David	Jacobson	Male	47	4	04:44:14	4	03:51:55	6	03:53:29	12:29:38
5	154	Dudley	Turner	Male	42	7	05:23:27	9	04:04:25	4	03:37:53	13:05:45
6	155	Roelof	Van Wyk	Male	36	8	05:28:26	7	03:58:30	5	03:43:23	13:10:19
7	88	Richard	Arnold	Male	46	9	05:32:02	6	03:56:21	7	04:01:12	13:29:35
8	132	Garth	Oliver	Male	32	6	05:22:21	8	04:02:40	11	04:10:39	13:35:40
9	109	Rupert	Groenewald	Male	40	2	04:37:48	2	03:44:00	24	05:28:48	13:50:36
10	140	Jorg	Schmid	Male	52	10	05:39:35	10	04:10:37	9	04:07:53	13:58:05
11	134	Andrew	Ridl	Male	39	14	05:45:05	11	04:28:27	10	04:10:32	14:24:04
12	147	David	Stockenstrom	Male	31	16	05:52:08	12	04:31:02	8	04:05:44	14:28:54
13	94	Jeremy	Botha	Male	44	13	05:39:59	13	04:33:54	15	04:26:43	14:40:36
14	122	Mark	Laden	Male	48	11	05:39:59	14	04:33:54	14	04:26:43	14:40:36
15	146	Martin	Stewart	Male	48	12	05:39:59	15	04:33:54	13	04:26:43	14:40:36
16	149	Kevin	Swart	Male	31	18	05:57:50	16	04:34:25	18	04:43:42	15:15:57
17	130	Salo	Minnaar	Male	30	15	05:51:32	21	05:00:34	16	04:37:35	15:29:41
18	124	Warren	Lane	Male	50	17	05:52:31	20	05:00:34	22	05:09:28	16:02:33
19	101	Barrie	DePinna	Male	33	24	06:50:40	17	04:49:00	17	04:40:11	16:19:51
20	98	David	Buchanan	Male	25	25	06:53:28	24	05:06:20	12	04:22:20	16:22:08
21	135	Lance	Ridl	Male	36	20	06:28:24	25	05:15:50	19	04:47:47	16:32:01
22	144	Michael	Stencel	Male	60	19	06:24:46	19	04:59:30	23	05:10:09	16:34:25
23	119	Andre	Kleynhans	Male	50	22	06:48:29	23	05:03:24	26	05:30:47	17:22:40
24	103	Attie	Els	Male	54	21	06:48:29	22	05:03:24	25	05:30:47	17:22:40
25	99	Mark	Carstens	Male	35	26	06:54:19	26	05:26:21	21	05:08:00	17:28:40
26	153	Nicholas	Townsend	Male	31	23	06:50:26	18	04:51:30	30	05:53:50	17:35:46
27	86	Tony	Abrahamson	Male	63	28	07:09:07	32	06:06:52	20	05:05:57	18:21:56
28	156	Fabrizio	Venturi	Male	50	29	07:37:00	28	05:48:07	28	05:46:03	19:11:10
29	93	George	Boshoff	Male	20	27	07:05:05	27	05:46:35	31	06:22:01	19:13:41
30	105	Brian	Gibbon	Male	53	30	07:40:59	30	05:56:48	27	05:46:03	19:23:50
31	97	John	Brimble	Male	65	32	08:00:02	31	05:57:11	29	05:48:48	19:46:01
32	160	Janus	Visagie	Male	29	31	07:53:51	29	05:50:08	33	07:04:04	20:48:03
33	92	Johan	Blignault	Male	33	33	09:02:34	33	07:13:41	32	06:54:23	23:10:38

Ladies

Position	Race #	Name	Surname	Sex	Age
1	139	Sylvie	Scherzinger	Female	40
2	118	Carly	Kent	Female	36
3	164	Christine	Woods	Female	38
4	137	Nathalie	Romeo	Female	39
5	133	Cecile	Reed	Female	37
6	128	Sarah	Martens	Female	38
7	95	Tasha	Botha	Female	42
8	112	Lora	Hirst	Female	25
9	129	Tarren	Meyer	Female	39
10	136	Janneke	Leask	Female	26
11	162	Cherry	Wellard	Female	28
12	100	Kate	De Villiers	Female	27
13	117	Odette	Johnson	Female	26
14	148	Emma	Swart	Female	30
15	123	Claire	Lane	Female	46
16	121	Erika	Korte	Female	36
17	113	Charlotte	Hulley	Female	42
18	165	Tanya	Worner	Female	49
19	150	Michelle	Theron	Female	36
20	96	Marezelda	Breet	Female	22
21	141	Kathy	Scott	Female	51
22	163	Frances	Whitehead	Female	59
23	138	Lisa	Ronquest-Ross	Female	37
24	120	Jacqui	Koep	Female	43
25	127	Delia	Marshall	Female	43
26	106	Lisa	Gibbon	Female	51
27	91	Mel	Barnes	Female	50
28	131	Maryke	Neizel	Female	41
29	108	Petro	Groenewald	Female	36
30	104	Sandra	Faber	Female	40
31	102	Annmare	Du plessis	Female	45
32	36	Vauneen	Douthwaite	Female	53
33	143	Claudia	Stencel	Female	46
34	159	Jana	Visagie	Female	28
35	125	Kathy	Leverton	Female	60
36	126	Ruth	Leverton	Female	28

Day 1		Day 2		Day 3		TOTAL
Position	Time	Position	Time	Position	Time	Time
1	04:27:29	1	03:43:55	1	03:33:10	11:44:34
2	04:56:34	2	03:44:03	2	03:33:19	12:13:56
3	05:07:07	5	04:04:25	5	03:36:43	12:48:15
4	05:24:35	3	03:51:55	3	03:36:21	12:52:51
5	05:24:35	4	04:00:50	4	03:36:43	13:02:08
11	05:39:59	6	04:26:56	6	04:11:36	14:18:31
9	05:39:59	13	04:33:54	11	04:26:43	14:40:36
6	05:39:59	11	04:33:54	7	04:26:43	14:40:36
7	05:39:59	10	04:33:54	9	04:26:43	14:40:36
10	05:39:59	12	04:33:54	8	04:26:43	14:40:36
8	05:39:59	9	04:33:54	10	04:26:43	14:40:36
12	05:50:16	8	04:31:44	13	04:30:14	14:52:14
13	05:50:16	7	04:31:44	12	04:30:14	14:52:14
15	05:57:50	14	04:34:25	14	04:43:42	15:15:57
14	05:52:31	16	05:00:34	17	05:09:28	16:02:33
18	06:24:46	15	04:59:30	18	05:10:11	16:34:27
16	06:11:39	18	05:03:25	25	05:26:45	16:41:49
17	06:11:53	19	05:03:33	24	05:26:45	16:42:11
19	06:55:02	17	05:00:34	16	05:08:21	17:03:57
20	07:07:46	20	05:35:03	15	04:54:39	17:37:28
25	07:35:37	23	05:42:27	20	05:19:19	18:37:23
21	07:30:21	32	06:06:52	19	05:18:32	18:55:45
24	07:30:21	31	06:06:52	22	05:20:03	18:57:16
22	07:30:21	33	06:14:04	21	05:20:03	19:04:28
23	07:30:21	34	06:14:04	23	05:20:03	19:04:28
26	07:40:59	30	05:56:48	27	05:46:03	19:23:50
28	07:53:01	24	05:48:07	26	05:44:16	19:25:24
27	07:49:11	27	05:51:42	30	05:46:26	19:27:19
32	08:08:44	22	05:41:36	32	05:47:10	19:37:30
31	08:08:44	21	05:41:36	33	05:47:27	19:37:47
30	08:06:26	26	05:51:42	31	05:46:32	19:44:40
33	08:09:51	28	05:51:51	29	05:46:20	19:48:02
34	08:10:14	29	05:53:33	28	05:46:19	19:50:06
29	07:53:51	25	05:50:08	36	07:04:02	20:48:01
35	DNF	35	07:47:25	35	07:03:27	DNF
36	DNF	36	07:47:25	34	07:03:27	DNF